

**MY**

# Daily checklist

## Before School

- get dressed
- eat breakfast
- brush teeth
- chromebook
- backpack

## After School

- wash hands
- do homework
- eat healthy snack
- charge chromebook
- free time

## Evening

- dinner
- family time
- brush teeth
- shower
- go to bed

## Word of the Month

## Personal/Family Goal

*Everyone is smart in their own way.*

-Albert Einstein