

GOAL SETTER



Word of the Month:

GOALS

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POTENTIAL PROBLEMS

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STRATEGIES

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ACTION STEPS

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MOTIVATIONS

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PROGRESS TRACKER

Date	Progress



**HOW WILL I FEEL AFTER
ACCOMPLISHING THIS GOAL?**

A large, empty rectangular box with a blue border, intended for writing the answer to the question above.

**WHAT WILL BE DIFFERENT
IN MY LIFE?**

A large, empty rectangular box with a blue border, intended for writing the answer to the question above.

**WHAT WILL BE DIFFERENT IN
MY FAMILY?**

A large, empty rectangular box with a blue border, intended for writing the answer to the question above.

