

32 WAYS TO BE PLAYFUL WITH OUR KIDS

- 1** • Tell each other silly jokes.
- 2** • Have a dance party to your favorite music.
- 3** • Make silly faces to make each other laugh.
- 4** • Play "Don't Laugh" where you tickle them and they try not to laugh.
- 5** • Play hide and seek.
- 6** • Tickle their "Grumpies" out.
- 7** • Have a pillow fight. (Safety first)
- 8** • Make up your own crazy game with its own crazy rules.
- 9** • Send them a funny text message.
- 10** • Have inside jokes.
- 11** • Movie-quote together.
- 12** • Play a sport---play catch, throw a football, shoot baskets, toss a Frisbee.
- 13** • Play "I Love You the Most--No---I Love YOU the Most!"
- 14** • Have a tickle fight.
- 15** • Go to a costume store and try on silly costumes.
- 16** • Sings songs out loud while riding in the car together.
- 17** • Have a squirt gun fight.
- 18** • Throw snowballs at each other.
- 19** • Have a staring contest.
- 20** • Laugh at mistakes and help each other solve them. "Oops--that was a mistake. How can we fix this?"
- 21** • Turn pool noodles into light sabers and have a fight.
- 22** • Jump in a pile of leaves--then have a leaf fight.
- 23** • Go on a Weird Nature Walk where you look for weird things.
- 24** • Come up with a secret handshake.
- 25** • Make slime or do an other wacky science experiment.
- 26** • Talk in goofy voices.
- 27** • Play card games- Uno, War, Go Fish, etc.
- 28** • Play board games- Candy Land, Hi Ho Cherry-O, etc.
- 29** • Come up with a new invention.
- 30** • Draw a silly picture of each other.
- 31** • Make up a goofy song, play, or dance.
- 32** • Find your own wacky way to say "I love you."

This is the day the Lord has made; Let us rejoice and be glad in it. Psalm 118:24