

7 Tips to School Success

1 Sleep

Sleep matters.

Well-rested minds and bodies are more ready to learn.

2 Understand

Your questions matter.

Seek to understand new information. Don't be afraid to talk to your teacher. Ask questions. Explore. Inquire.

3 Confidence

You matter.

Be confident in who you are and in who God created you to be. Stand up for what is right and encourage others to do the same. Be assertive. Be brave. Be strong.

4 Character

Character matters.

Make good choices. Be kind and loving in all you do. Respect your parent(s)/guardian(s). Respect your teachers. Respect your classmates. Respect yourself.

5 Exercise

Your health matters.

Eat healthy and keep your body moving.

6 Schedule

Routine matters.

Set up a schedule for homework, studying for tests, staying organized, and reading.

7 Service

Helping others matters.

Find ways to be helpful. Open doors. Pick up dropped books. Everyone can find ways to help others!